

CFIDS CDC Definition Criteria

Patient Name _____

Date _____

Major Criteria:

- _____ Fatigue: new onset
- _____ Exclusion of other clinical conditions

Minor Criteria:

Symptoms (a symptom must have begun at or after time of fatigue onset, and persisted or recurred over 6 months)

- _____ Mild fever or chills
 - _____ Sore throat
 - _____ Painful lymph nodes (ant. or post cerv. or axillary)
 - _____ Generalized muscle weakness
 - _____ Myalgia or muscle discomfort
 - _____ Prolonged generalized fatigue after exercise
 - _____ Generalized, new headaches
 - _____ Migratory arthralgia
 - _____ Neuropsychologic complaints
 - _____ Sleep disturbance
 - _____ Abrupt onset of main symptom complex
- Physical (documented by a physician on at least 2 occasions, at least one month apart)
- _____ Low grade fever
 - _____ Nonexudative pharyngitis
 - _____ Palpable or tender nodes (ant. or post cerv. or axillary)

Fulfills:

- _____ Major criteria _____ > 8 Symptom criteria
- _____ 6 Symptom criteria and > 2 Physical criteria

Assessment: _____ FITS CDC CRITERIA _____ DOES NOT FIT CDC CRITERIA